

Important Instructions for your Visit

Before your visit:

Please **read** the **Plain Language Statement** concerning the tests which will be conducted at the clinic visit and the **Consent form**.

Please try and **avoid** the following:

- (1) **Smoking** for **4 hours** before appointment time.
- (2) **Long Acting Reliever Medication*** for **12 hours** before your appointment time.
- (3) **Short Acting Reliever Medication*** for **4 hours** before appointment time.

*Refer to page 3 for a medication list.

If you regularly use medication, please bring a list of those **medications** to your visit.

If you are a close contact of someone who has tested positive for COVID-19 or currently have any symptoms, including fever, cough, sneezing, sore throat or runny nose, please reschedule your appointment or call us to discuss.

If you need to cancel or reschedule your appointment, please call to let us know as soon as possible.

To contact us:

TAHS Line: 1800 100 711

Alice Doherty, Project Coordinator
Phone: 8344 1593

If 2hrs before your appointment, please call Gleeson House reception: 03 6278 5456

Where to come:

Calvary Lenah Valley Hospital
49 Augusta Rd, Lenah Valley, TAS 7008

Please go directly to Gleeson House


















Where to park:

To access Calvary Medical Group, turn down Honora Avenue and turn left into the Emergency Department. Continue along the driveway to find Gleeson House on your right (the cream coloured building).

Name of medications (See pages 4 - 6 for picture references)

Short-Acting Beta Antagonist (SABA)	Inhaled Corticosteroids (ICS)	Long-Acting Beta Antagonist (LABA)	Inhaled Corticosteroids / Long-Acting Beta Antagonist combination (ICS/LABA)	Long- Acting Muscarinic medications (LAMA)	Long- Acting Muscarinic/ Long-Acting Beta Antagonist combination (LAMA/LABA)
<ul style="list-style-type: none"> • Ventolin • Asmol • Bricanyl • Airomir 	<ul style="list-style-type: none"> • Flixotide Inhaler or Accuhaler • QVAR Inhaler or Autohaler • Fluticasone Cipla • Pulmicort • Alvesco • Arnuity 	<ul style="list-style-type: none"> • Oxis • Serevent • Onbrez 	<ul style="list-style-type: none"> • Seretide MDI or Accuhaler • Fluticasone Salmeterol • Flutiform Inhaler • Symbicort Turbuhaler or Rapihaler • DuoResp Spiromax • Breo Ellipta • Fostair Inhaler • Aectura Breezhaler 	<ul style="list-style-type: none"> • Spiriva Respimat or Handihaler • Braltus Zona • Bretaris Genuair • Seebri Breezhaler • Incruse Ellipta 	<ul style="list-style-type: none"> • Spiolto Respimat • Brimica Genuair • Ultibro Breezhaler • Anoro Ellipta
ICS/LAMA/LABA		Short-Acting Muscarinic medications (SAMA)		Non-Steroidal Preventers	
<ul style="list-style-type: none"> • Trelegy Ellipta • Enerzair Breezhaler • Trimbow Inhaler 		<ul style="list-style-type: none"> • Atrovent Metered Aerosol 		<ul style="list-style-type: none"> • Montelukast Tablet 	

Picture of medications

Short-Acting Beta Antagonist (SABA)	Inhaled Corticosteroids (ICS)	Long-Acting Beta Antagonist (LABA)
 <p>Ventolin Inhaler † ^ salbutamol 100mcg</p>  <p>Asmol Inhaler † ^ salbutamol 100mcg</p>  <p>Bricanyl Turbuhaler^{a c} terbutaline 500mcg</p>  <p>Airomir Autohaler † # salbutamol 100mcg</p>	 <p>Flixotide Inhaler † fluticasone propionate 50mcg* • 125mcg • 250mcg <i>*Flixotide Junior</i></p>  <p>Fluticasone Cipla Inhaler † fluticasone propionate 125mcg • 250mcg</p>  <p>Flixotide Accuhaler † fluticasone propionate 100mcg* • 250mcg • 500mcg</p>  <p>QVAR Inhaler † beclomethasone 50mcg • 100mcg</p>  <p>Pulmicort Turbuhaler † budesonide 100mcg • 200mcg • 400mcg</p>  <p>QVAR Autohaler † beclomethasone 50mcg • 100mcg</p>  <p>Alvesco Inhaler † ciclesonide 80mcg • 160mcg</p>  <p>Arnuity Ellipta † fluticasone furoate 50mcg • 100mcg • 200mcg</p>	 <p>Oxis Turbuhaler † formoterol 6mcg • 12mcg</p>  <p>Serevent Accuhaler † salmeterol 50mcg</p>  <p>Onbrez Breezhaler # indacaterol 150mcg • 300mcg</p>

Inhaled Corticosteroids / Long-Acting Beta Antagonist combination (ICS/LABA)

Seretide MDI^a
fluticasone propionate/salmeterol
50/25 • 125/25 • 250/25^c

Fluticasone + Salmeterol Cipla Inhaler^a
fluticasone propionate/salmeterol
125/25 • 250/25^c

Seretide Accuhaler^a
fluticasone propionate/salmeterol
100/50 • 250/50 • 500/50^c

Flutiform Inhaler^a
fluticasone propionate/formoterol
50/5 • 125/5 • 250/10

Symbicort Turbuhaler^a
budesonide/formoterol
100/6 • 200/6 • 400/12^c

DuoResp Spiromax^a
budesonide/formoterol
200/6 • 400/12^c

Symbicort Rapihaler^a
budesonide/formoterol
50/3 • 100/3 • 200/6^c

Breo Ellipta^a
fluticasone furoate/vilanterol
100/25^c • 200/25

Fostair Inhaler^a
beclomethasone/formoterol
100/6

Ateectura Breezhaler^a
Indacaterol/mometasone
125/62.5 • 125/127.5 • 125/260

Long- Acting Muscarinic medications (LAMA)

Spiriva Respimat^{# ‡/a}
tiotropium 2.5mcg

Spiriva Handihaler[#]
tiotropium 18mcg

Braltus Zonda[#]
tiotropium 13mcg

Bretaris Genuair[#]
aclidinium 322mcg

Seebri Breezhaler[#]
glycopyrronium 50mcg

Incruse Ellipta[#]
umeclidinium 62.5mcg

Long- Acting Muscarinic/ Long-Acting Beta Antagonist combination (LAMA/LABA)

Spiolto Respimat^c
tiotropium/olodaterol
2.5/2.5

Brimica Genuair^c
aclidinium/formoterol
340/12

Ultibro Breezhaler^c
indacaterol/glycopyrronium
110/50

Anoro Ellipta^c
umeclidinium/vilanterol
62.5/25

ICS/LAMA/LABA

Short-Acting Muscarinic medications (SAMA)

Non-Steroidal Preventers



Trelegy Ellipta^{a c}
fluticasone furoate/
umeclidinium/vilanterol
100/62.5/25mcg

Enerzair Breezhaler^a
Indacaterol/glycopyrronium/
mometasone
114/46/136mcg • 114/46/68mcg

Trimbow Inhaler^c
Beclomethasone/Formoterol/
Glycopyrronium
100/6/10mcg



Atrovent Metered Aerosol † ^
ipratropium 21mcg



Montelukast Tablet^a
montelukast
4mg • 5mg • 10mg
Generic medicine suppliers