

Important Instructions for your Visit

Before your visit:

Please **read** the **Plain Language Statement** concerning the tests which will be conducted at the clinic visit and the **Consent form**.

Please try and **avoid** the following:

- (1) **Smoking** for **4 hours** before appointment time.
- (2) **Long Acting Reliever Medication*** for **12 hours** before your appointment time.
- (3) **Short Acting Reliever Medication*** for **4 hours** before appointment time.

*Refer to the last page for a medication list.

If you regularly use medication, please bring a list of those medications to your visit.

If you are a close contact of someone who has tested positive for COVID-19, or currently have any symptoms, including fever, cough, sneezing, sore throat or runny nose, please reschedule your appointment or call 1800 110 711 to discuss.

If you need to cancel or reschedule your appointment, please call to let us know as soon as possible.

To contact us:

TAHS Line: 1800 110 711

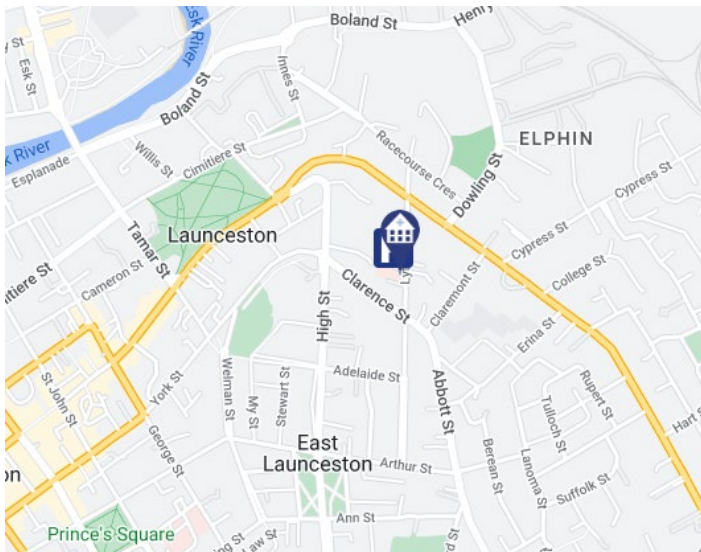
If less than 2 hours before appointment, please call 03 6334 4188

Alice Doherty, Project Coordinator
Phone: 8344 1593

Where to come:

**Calvary Sessional Rooms
Calvary St Luke's Hospital
16 Lyttleton Street, Launceston TAS 7250**

Please go directly to the Sessional Rooms shown in the picture below. This is the freestanding building with the large 16 on the front gate located between Calvary St Luke's Hospital and Launceston Church Grammar School.



Where to park your car:





















Onsite parking is available at the side of the Calvary Sessional Rooms and surrounding streets.

Name of medications (See pages 4 - 6 for picture references)

Short-Acting Beta Antagonist (SABA)	Inhaled Corticosteroids (ICS)	Long-Acting Beta Antagonist (LABA)	Inhaled Corticosteroids / Long-Acting Beta Antagonist combination (ICS/LABA)	Long- Acting Muscarinic medications (LAMA)	Long- Acting Muscarinic/ Long-Acting Beta Antagonist combination (LAMA/LABA)
<ul style="list-style-type: none"> • Ventolin • Asmol • Bricanyl • Airomir • Zempreon 	<ul style="list-style-type: none"> • Flixotide Inhaler or Accuhaler • QVAR Inhaler or Autohaler • Fluticasone Cipla • Pulmicort • Alvesco • Arnuity 	<ul style="list-style-type: none"> • Oxis • Serevent • Onbrez 	<ul style="list-style-type: none"> • Seretide MDI or Accuhaler • Fluticasone Salmeterol • Flutiform Inhaler • Symbicort Turbuhaler or Rapihaler • DuoResp Spiromax • Breo Ellipta • Fostair Inhaler • Ateectura Breezhaler 	<ul style="list-style-type: none"> • Spiriva Respimat or Handihaler • Braltus Zona • Bretaris Genuair • Seebri Breezhaler • Incruse Ellipta 	<ul style="list-style-type: none"> • Spiolto Respimat • Brimica Genuair • Ultibro Breezhaler • Anoro Ellipta
ICS/LAMA/LABA		Short-Acting Muscarinic medications (SAMA)		Non-Steroidal Preventers	
<ul style="list-style-type: none"> • Trelegy Ellipta • Enerzair Breezhaler • Trimbow Inhaler 		<ul style="list-style-type: none"> • Atrovent Metered Aerosol 		<ul style="list-style-type: none"> • Montelukast Tablet 	

Picture of medications

Short-Acting Beta Antagonist (SABA)	Inhaled Corticosteroids (ICS)	Long-Acting Beta Antagonist (LABA)
<div data-bbox="142 443 289 586"></div> <p>Ventolin Inhaler † ^ salbutamol 100mcg</p> <div data-bbox="426 443 579 586"></div> <p>Asmol Inhaler † ^ salbutamol 100mcg</p> <div data-bbox="155 673 275 833"></div> <p>Bricanyl Turbuhaler a c terbutaline 500mcg</p> <div data-bbox="434 686 579 833"></div> <p>Airomir Autohaler ‡ # salbutamol 100mcg</p> <div data-bbox="300 915 420 1151"></div> <p>Zempreon Inhaler Salbutamol 100mcg</p>	<div data-bbox="772 318 919 461"></div> <p>Flixotide Inhaler † fluticasone propionate 50mcg • 125mcg • 250mcg *Flixotide Junior</p> <div data-bbox="1045 318 1192 461"></div> <p>Fluticasone Cipla Inhaler † fluticasone propionate 125mcg • 250mcg</p> <div data-bbox="747 591 936 717"></div> <p>Flixotide Accuhaler † fluticasone propionate 100mcg • 250mcg • 500mcg</p> <div data-bbox="1037 574 1205 717"></div> <p>QVAR Inhaler † beclometasone 50mcg • 100mcg</p> <div data-bbox="772 834 892 977"></div> <p>Pulmicort Turbuhaler † budesonide 100mcg • 200mcg • 400mcg</p> <div data-bbox="1037 834 1184 977"></div> <p>QVAR Autohaler ‡ beclometasone 50mcg • 100mcg</p> <div data-bbox="747 1094 936 1237"></div> <p>Alvesco Inhaler † ciclesonide 80mcg • 160mcg</p> <div data-bbox="1037 1094 1205 1237"></div> <p>Arnuity Ellipta † fluticasone furoate 50mcg • 100mcg • 200mcg</p>	<div data-bbox="1381 711 1528 854"></div> <p>Oxis Turbuhaler ‡ formoterol 6mcg • 12mcg</p> <div data-bbox="1570 727 1759 854"></div> <p>Serevent Accuhaler ‡ salmeterol 50mcg</p> <div data-bbox="1814 737 2024 854"></div> <p>Onbrez Breezhaler # indacaterol 150mcg • 300mcg</p>

Inhaled Corticosteroids / Long-Acting Beta Antagonist combination (ICS/LABA)	Long- Acting Muscarinic medications (LAMA)	Long- Acting Muscarinic/ Long-Acting Beta Antagonist combination (LAMA/LABA)
 <p>Seretide MDI^a fluticasone propionate/salmeterol 50/25 • 125/25 • 250/25^c</p>  <p>Fluticasone + Salmeterol Cipla Inhaler^a fluticasone propionate/salmeterol 125/25 • 250/25^c</p>  <p>Seretide Accuhaler^a fluticasone propionate/salmeterol 100/50 • 250/50 • 500/50^c</p>  <p>Flutiform Inhaler^a fluticasone propionate/formoterol 50/5 • 125/5 • 250/10</p>  <p>Symbicort Turbuhaler^a budesonide/formoterol 100/6 • 200/6 • 400/12^c</p>  <p>DuoResp Spiromax^a budesonide/formoterol 200/6 • 400/12^c</p>  <p>Symbicort Rapihaler^a budesonide/formoterol 50/3 • 100/3 • 200/6^c</p>  <p>Breo Ellipta^a fluticasone furoate/vilanterol 100/25^c • 200/25</p>  <p>Fostair Inhaler^a beclomethasone/formoterol 100/6</p>  <p>Atecura Breezhaler^a Indacaterol/mometasone 125/62.5 • 125/127.5 • 125/260</p>	 <p>Spiriva Respimat # ±^a tiotropium 2.5mcg</p>  <p>Spiriva Handihaler # tiotropium 18mcg</p>  <p>Braltus Zonda # tiotropium 13mcg</p>  <p>Bretaris Genuair # aclidinium 322mcg</p>  <p>Seebri Breezhaler # glycopyrronium 50mcg</p>  <p>Incruse Ellipta # umeclidinium 62.5mcg</p>	 <p>Spiolto Respimat^c tiotropium/olodaterol 2.5/2.5</p>  <p>Brimica Genuair^c aclidinium/formoterol 340/12</p>  <p>Ultibro Breezhaler^c indacaterol/glycopyrronium 110/50</p>  <p>Anoro Ellipta^c umeclidinium/vilanterol 62.5/25</p>

ICS/LAMA/LABA	Short-Acting Muscarinic medications (SAMA)	Non-Steroidal Preventers
<div data-bbox="84 402 640 592">  <div> <div> Trelegy Ellipta^{a c} fluticasone furoate/ umeclidinium/vilanterol 100/62.5/25mcg </div> <div> Enerzair Breezhaler^a Indacaterol/glycopyrronium/ mometasone 114/46/136mcg • 114/46/68mcg </div> <div> Trimbow Inhaler^c Beclometasone/Formoterol/ Glycopyrronium 100/6/10mcg </div> </div> </div>	<div data-bbox="667 240 1318 755">  <div> Atrovent Metered Aerosol † ^ ipratropium 21mcg </div> </div>	<div data-bbox="1348 240 2041 755">  <div> Montelukast Tablet^a montelukast 4mg • 5mg • 10mg <i>Generic medicine suppliers</i> </div> </div>