



Important Instructions for your Visit

Before your visit:

Please **read** the **Plain Language Statement** concerning the tests which will be conducted at the clinic visit and the **Consent form**.

Please try and **avoid** the following:

- (1) **Smoking** for **4 hours** before appointment time.
- (2) **Long Acting Reliever Medication*** for **12 hours** before your appointment time.
- (3) **Short Acting Reliever Medication*** for **4 hours** before appointment time.

*Refer to the last page for a medication list.

If you regularly use medication, please bring a list of those medications to your visit.

If you are a close contact of someone who has tested positive for COVID-19, or currently have any symptoms, including fever, cough, sneezing, sore throat or runny nose, please reschedule your appointment or call 1800 110 711 to discuss.

If you need to cancel or reschedule your appointment, please call to let us know as soon as possible.

To contact us:

TAHS Line: 1800 100 711

If less than 2 hours before appointment, please call 03 6334 4188

Alice Doherty, Project Coordinator
Phone: 8344 1593

Where to come:

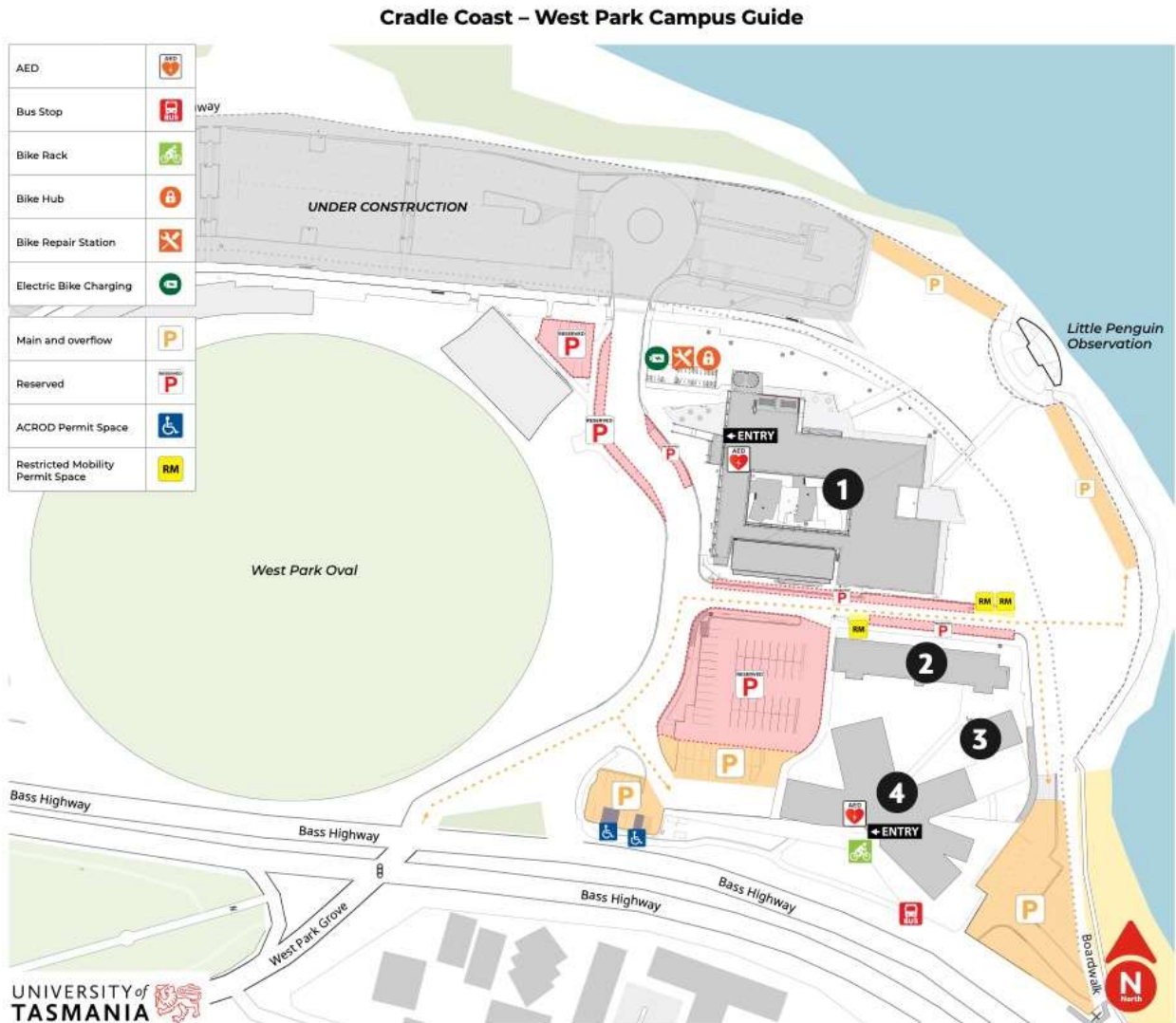
West Park Campus Building
4-8 Bass Highway, Burnie, 7320

Please go to the new West Park Campus of the University of Tasmania. This is located off the Bass Highway, adjacent to the football oval.



Where to park your car:

















Onsite parking is available in the visitor parking bays adjacent to the Bass Highway (in brown on the map below). Please enter the main campus building (building 1 on the map below) through the main entrance and take a seat in the waiting area. A research assistant will come and escort you to the testing area.























Name of medications (See pages 4 - 6 for picture references)

Short-Acting Beta Antagonist (SABA)	Inhaled Corticosteroids (ICS)	Long-Acting Beta Antagonist (LABA)	Inhaled Corticosteroids / Long-Acting Beta Antagonist combination (ICS/LABA)	Long- Acting Muscarinic medications (LAMA)	Long- Acting Muscarinic/ Long-Acting Beta Antagonist combination (LAMA/LABA)
<ul style="list-style-type: none"> • Ventolin • Asmol • Bricanyl • Airomir • Zempreon 	<ul style="list-style-type: none"> • Flixotide Inhaler or Accuhaler • QVAR Inhaler or Autohaler • Fluticasone Cipla • Pulmicort • Alvesco • Arnuity 	<ul style="list-style-type: none"> • Oxis • Serevent • Onbrez 	<ul style="list-style-type: none"> • Seretide MDI or Accuhaler • Fluticasone Salmeterol • Flutiform Inhaler • Symbicort Turbuhaler or Rapihaler • DuoResp Spiromax • Breo Ellipta • Fostair Inhaler • Aectura Breezhaler 	<ul style="list-style-type: none"> • Spiriva Respimat or Handihaler • Braltus Zona • Bretaris Genuair • Seebri Breezhaler • Incruse Ellipta 	<ul style="list-style-type: none"> • Spiolto Respimat • Brimica Genuair • Ultibro Breezhaler • Anoro Ellipta
ICS/LAMA/LABA		Short-Acting Muscarinic medications (SAMA)		Non-Steroidal Preventers	
<ul style="list-style-type: none"> • Trelegy Ellipta • Enerzair Breezhaler • Trimbow Inhaler 		<ul style="list-style-type: none"> • Atrovent Metered Aerosol 		<ul style="list-style-type: none"> • Montelukast Tablet 	

Picture of medications

Short-Acting Beta Antagonist (SABA)	Inhaled Corticosteroids (ICS)	Long-Acting Beta Antagonist (LABA)
 <p>Ventolin Inhaler † ^ salbutamol 100mcg</p>  <p>Asmol Inhaler † ^ salbutamol 100mcg</p>  <p>Bricanyl Turbuhaler^{a c} terbutaline 500mcg</p>  <p>Airomir Autohaler † # salbutamol 100mcg</p>  <p>Zempreon Inhaler Salbutamol 100mcg</p>	 <p>Flixotide Inhaler † fluticasone propionate 50mcg* • 125mcg • 250mcg <i>*Flixotide Junior</i></p>  <p>Fluticasone Cipla Inhaler † fluticasone propionate 125mcg • 250mcg</p>  <p>Flixotide Accuhaler † fluticasone propionate 100mcg* • 250mcg • 500mcg</p>  <p>QVAR Inhaler † beclometasone 50mcg • 100mcg</p>  <p>Pulmicort Turbuhaler † budesonide 100mcg • 200mcg • 400mcg</p>  <p>QVAR Autohaler † beclometasone 50mcg • 100mcg</p>  <p>Alvesco Inhaler † ciclesonide 80mcg • 160mcg</p>  <p>Arnuity Ellipta † fluticasone furoate 50mcg • 100mcg • 200mcg</p>	 <p>Oxis Turbuhaler † formoterol 6mcg • 12mcg</p>  <p>Serevent Accuhaler † salmeterol 50mcg</p>  <p>Onbrez Breezhaler # indacaterol 150mcg • 300mcg</p>

Inhaled Corticosteroids / Long-Acting Beta Antagonist combination (ICS/LABA)	Long- Acting Muscarinic medications (LAMA)	Long- Acting Muscarinic/ Long-Acting Beta Antagonist combination (LAMA/LABA)
 <p>Sereotide MDI^a fluticasone propionate/salmeterol 50/25 • 125/25 • 250/25^c</p>  <p>Fluticasone + Salmeterol Cipla Inhaler^a fluticasone propionate/salmeterol 125/25 • 250/25^c</p>  <p>Sereotide Accuhaler^a fluticasone propionate/salmeterol 100/50 • 250/50 • 500/50^c</p>  <p>Flutiform Inhaler^a fluticasone propionate/formoterol 30/5 • 125/5 • 250/10</p>  <p>Symbicort Turbuhaler^a budesonide/formoterol 100/6 • 200/6 • 400/12^c</p>  <p>DuoResp Spiromax^a budesonide/formoterol 200/6 • 400/12^c</p>  <p>Symbicort Rapihaler^a budesonide/formoterol 50/3 • 100/3 • 200/6^c</p>  <p>Breo Ellipta^a fluticasone furoate/vilanterol 100/25^c • 200/25</p>  <p>Fostair Inhaler^a beclomethasone/formoterol 100/6</p>  <p>Atectura Breezhaler^a indacaterol/mometasone 125/62.5 • 125/127.5 • 125/260</p>	 <p>Spiriva Respimat^{# ±/a} tiotropium 2.5mcg</p>  <p>Spiriva Handihaler[#] tiotropium 18mcg</p>  <p>Braltus Zonda[#] tiotropium 13mcg</p>  <p>Bretaris Genuair[#] aclidinium 322mcg</p>  <p>Seebri Breezhaler[#] glycopyrronium 50mcg</p>  <p>Incruse Ellipta[#] umeclidinium 62.5mcg</p>	 <p>Spiolto Respimat^c tiotropium/olodaterol 2.5/2.5</p>  <p>Brimica Genuair^c aclidinium/formoterol 340/12</p>  <p>Ultibro Breezhaler^c indacaterol/glycopyrronium 110/50</p>  <p>Anoro Ellipta^c umeclidinium/vilanterol 62.5/25</p>

ICS/LAMA/LABA

Short-Acting Muscarinic medications (SAMA)

Non-Steroidal Preventers

