

Important Instructions for your Visit

Before your visit:

Please **read** the **Plain Language Statement** concerning the tests which will be conducted at the clinic visit and the **Consent form**.

Please try and **avoid** the following:

- (1) **Smoking** for **4 hours** before appointment time.
- (2) **Long Acting Reliever Medication*** for **12 hours** before your appointment time.
- (3) **Short Acting Reliever Medication*** for **4 hours** before appointment time.

*Refer to the last page for a medication list.

If you regularly use medication, please bring a list of those medications to your visit.

If you are a close contact of someone who has tested positive for COVID-19, or currently have any symptoms, including fever, cough, sneezing, sore throat or runny nose, please reschedule your appointment or call 1800 110 711 to discuss.

If you need to cancel or reschedule your appointment, please call to let us know as soon as possible.

To contact us:

TAHS Line: 1800 110 711
Email: inq-tas@unimelb.edu.au

Where to come:

Calvary Lenah Valley Hospital
49 Augusta Rd, Lenah Valley, TAS 7008

Please go directly to Gleeson House





Where to park your car:

To access Calvary Medical Group, turn down Honora Avenue and turn left into the Emergency Department. Continue along the driveway to find Gleeson House on your right (the cream-coloured building)

Name of medications (See pages 4 - 6 for picture references)

Short-Acting Beta Antagonist (SABA)	Inhaled Corticosteroids (ICS)	Long-Acting Beta Antagonist (LABA)	Inhaled Corticosteroids / Long-Acting Beta Antagonist combination (ICS/LABA)	Long- Acting Muscarinic medications (LAMA)	LAMA/LABA
<ul style="list-style-type: none"> • Ventolin • Asmol • Bricanyl • Airomir • Zempreon 	<ul style="list-style-type: none"> • Flixotide Inhaler or Accuhaler • QVAR Inhaler or Autohaler • Fluticasone Cipla • Pulmicort • Alvesco • Arnuity 	<ul style="list-style-type: none"> • Oxis • Serevent • Onbrez 	<ul style="list-style-type: none"> • Seretide MDI or Accuhaler • Fluticasone Salmeterol • Flutiform Inhaler • Symbicort Turbuhaler or Rapihaler • DuoResp Spiromax • Breo Ellipta • Fostair Inhaler • Ateectura Breezhaler 	<ul style="list-style-type: none"> • Spiriva Respimat or Handihaler • Braltus Zona • Bretaris Genuair • Seebri Breezhaler • Incruse Ellipta 	<ul style="list-style-type: none"> • Spiolto Respimat • Brimica Genuair • Ultibro Breezhaler • Anoro Ellipta
ICS/LAMA/LABA		Short-Acting Muscarinic medications (SAMA)		Non-Steroidal Preventers	
<ul style="list-style-type: none"> • Trelegy Ellipta • Enerzair Breezhaler • Trimbow Inhaler 		<ul style="list-style-type: none"> • Atrovent Metered Aerosol 		<ul style="list-style-type: none"> • Montelukast Tablet 	

Picture of medications

SABA	ICS	LABA
<div data-bbox="142 354 289 500">  </div> <p data-bbox="107 509 296 557">Ventolin Inhaler † ^ salbutamol 100mcg</p> <div data-bbox="428 354 575 500">  </div> <p data-bbox="394 509 583 557">Asmol Inhaler † ^ salbutamol 100mcg</p> <div data-bbox="155 587 273 743">  </div> <p data-bbox="107 753 331 800">Bricanyl Turbuhaler a c terbutaline 500mcg</p> <div data-bbox="436 597 575 743">  </div> <p data-bbox="394 753 611 800">Airomir Autohaler ‡ # salbutamol 100mcg</p> <div data-bbox="180 841 277 1026">  </div> <p data-bbox="136 1045 331 1092">Zempreon Inhaler Salbutamol 100mcg</p>	<div data-bbox="772 354 919 500">  </div> <p data-bbox="737 509 940 589">Flixotide Inhaler † fluticasone propionate 50mcg* • 125mcg • 250mcg <i>*Flixotide Junior</i></p> <div data-bbox="1045 354 1192 500">  </div> <p data-bbox="1024 509 1255 589">Fluticasone Cipla Inhaler † fluticasone propionate 125mcg • 250mcg</p> <div data-bbox="751 630 940 760">  </div> <p data-bbox="737 769 953 833">Flixotide Accuhaler † fluticasone propionate 100mcg* • 250mcg • 500mcg</p> <div data-bbox="1045 613 1205 760">  </div> <p data-bbox="1024 769 1163 833">QVAR Inhaler † beclometasone 50mcg • 100mcg</p> <div data-bbox="772 873 890 1026">  </div> <p data-bbox="737 1029 953 1092">Pulmicort Turbuhaler † budesonide 100mcg • 200mcg • 400mcg</p> <div data-bbox="1045 880 1184 1026">  </div> <p data-bbox="1024 1029 1184 1092">QVAR Autohaler ‡ beclometasone 50mcg • 100mcg</p> <div data-bbox="751 1133 932 1286">  </div> <p data-bbox="737 1305 898 1369">Alvesco Inhaler † ciclesonide 80mcg • 160mcg</p> <div data-bbox="1033 1140 1205 1286">  </div> <p data-bbox="1024 1305 1226 1369">Arnuity Ellipta † fluticasone furoate 50mcg • 100mcg • 200mcg</p>	<div data-bbox="1381 337 1486 474">  </div> <p data-bbox="1352 490 1520 553">Oxis Turbuhaler ‡ formoterol 6mcg • 12mcg</p> <div data-bbox="1570 354 1751 500">  </div> <p data-bbox="1570 490 1772 553">Serevent Accuhaler ‡ salmeterol 50mcg</p> <div data-bbox="1814 363 2024 474">  </div> <p data-bbox="1814 490 2024 553">Onbrez Breezhaler # indacaterol 150mcg • 300mcg</p>

ICS/LABA



Seretide MDI^a
fluticasone propionate/salmeterol
50/25 • 125/25 • 250/25 ^c



Fluticasone + Salmeterol Cipla Inhaler^a
fluticasone propionate/salmeterol
125/25 • 250/25 ^c



Seretide Accuhaler^a
fluticasone propionate/salmeterol
100/50 • 250/50 • 500/50 ^c



Flutiform Inhaler^a
fluticasone propionate/formoterol
50/5 • 125/5 • 250/10



Symbicort Turbuhaler^a
budesonide/formoterol
100/6 • 200/6 • 400/12 ^c



DuoResp Spiromax^a
budesonide/formoterol
200/6 • 400/12 ^c



Symbicort Rapihaler^a
budesonide/formoterol
50/3 • 100/3 • 200/6 ^c



Breo Ellipta^a
fluticasone furoate/vilanterol
100/25 ^c • 200/25



Fostair Inhaler^a
beclomethasone/formoterol
100/6



Ateectura Breezhaler^a
Indacaterol/mometasone
125/62.5 • 125/127.5 • 125/240

LAMA



Spiriva Respimat # \ddagger /^a
tiotropium 2.5mcg



Spiriva Handihaler #
tiotropium 18mcg



Braltus Zonda #
tiotropium 13mcg



Bretaris Genuair #
aclidinium 322mcg



Seebri Breezhaler #
glycopyrronium 50mcg



Incruse Ellipta #
umeclidinium 62.5mcg

LAMA/LABA



Spiolto Respimat^c
tiotropium/olodaterol
2.5/2.5



Brimica Genuair^c
aclidinium/formoterol
340/12



Ultibro Breezhaler^c
indacaterol/glycopyrronium
110/50



Anoro Ellipta^c
umeclidinium/vilanterol
62.5/25

ICS/LAMA/LABA

SAMA

Non-Steroidal Preventers



Trelegy Ellipta^{a c}
fluticasone furoate/
umeclidinium/vilanterol
100/62.5/25mcg

Enerzair Breezhaler^a
Indacaterol/glycopyrronium/
mometasone
114/46/136mcg • 114/46/68mcg

Trimbow Inhaler^c
Beclometasone/Formoterol/
Glycopyrronium
100/6/10mcg



Atrovent Metered Aerosol † ^
ipratropium 21mcg



Montelukast Tablet^a
montelukast
4mg • 5mg • 10mg
Generic medicine suppliers