

Important Instructions for your Visit

Before your visit:

Please **read** the **Plain Language Statement** concerning the tests which will be conducted at the clinic visit and the **Consent form**.

Please try and **avoid** the following:

- (1) **Smoking** for **4 hours** before appointment time.
- (2) **Long Acting Reliever Medication*** for **12 hours** before your appointment time.
- (3) **Short Acting Reliever Medication*** for **4 hours** before appointment time.

*Refer to the last page for a medication list.

If you regularly use medication, please bring a list of those medications to your visit.

If you are a close contact of someone who has tested positive for COVID-19, or currently have any symptoms, including fever, cough, sneezing, sore throat or runny nose, please reschedule your appointment or call 1800 110 711 to discuss.

If you need to cancel or reschedule your appointment, please call to let us know as soon as possible.

To contact us:

TAHS Line: 1800 110 711

Email: inq-tas@unimelb.edu.au

Where to come:

Level 4 Western Centre for Health, Research & Education (WCHRE) Sunshine Hospital 176 Furlong Road, St Albans, VIC, 3021

- Enter Sunshine Hospital main entry
- Ask the reception where to find Western Centre for Health Research and Education
or
- Follow the 'blue line' to the end of the corridor then enter the large white metal doors.
- Enter the 'entrance hall' to the lifts and go to Level 4 of the WCHRE building
- You will be greeted by your clinic tester, Linda

Call Linda: [0421 467 801](tel:0421467801) if any issues.



Western Centre for Health Research and Education is located at Sunshine Hospital. It is just west off the Western Ring Road (Furlong Road exit) - Melways map 26 D6. If travelling by train, Ginifer railway station (on the St Albans line) is five minutes' walk from the facility

Name of medications (See pages 4 - 6 for picture references)

Short-Acting Beta Antagonist (SABA)	Inhaled Corticosteroids (ICS)	Long-Acting Beta Antagonist (LABA)	Inhaled Corticosteroids / Long-Acting Beta Antagonist combination (ICS/LABA)	Long- Acting Muscarinic medications (LAMA)	LAMA/LABA
<ul style="list-style-type: none"> • Ventolin • Asmol • Bricanyl • Airomir • Zempreon 	<ul style="list-style-type: none"> • Flixotide Inhaler or Accuhaler • QVAR Inhaler or Autohaler • Fluticasone Cipla • Pulmicort • Alvesco • Arnuity 	<ul style="list-style-type: none"> • Oxis • Serevent • Onbrez 	<ul style="list-style-type: none"> • Seretide MDI or Accuhaler • Fluticasone Salmeterol • Flutiform Inhaler • Symbicort Turbuhaler or Rapihaler • DuoResp Spiromax • Breo Ellipta • Fostair Inhaler • Ateectura Breezhaler 	<ul style="list-style-type: none"> • Spiriva Respimat or Handihaler • Braltus Zona • Bretaris Genuair • Seebri Breezhaler • Incruse Ellipta 	<ul style="list-style-type: none"> • Spiolto Respimat • Brimica Genuair • Ultibro Breezhaler • Anoro Ellipta
ICS/LAMA/LABA		Short-Acting Muscarinic medications (SAMA)		Non-Steroidal Preventers	
<ul style="list-style-type: none"> • Trelegy Ellipta • Enerzair Breezhaler • Trimbow Inhaler 		<ul style="list-style-type: none"> • Atrovent Metered Aerosol 		<ul style="list-style-type: none"> • Montelukast Tablet 	

Picture of medications

SABA	ICS	LABA
<div data-bbox="140 358 287 500"></div> <div data-bbox="100 505 300 558"> Ventolin Inhaler † ^ salbutamol 100mcg </div> <div data-bbox="153 587 275 748"></div> <div data-bbox="100 751 336 805"> Bricanyl Turbuhaler a c terbutaline 500mcg </div> <div data-bbox="178 841 275 1027"></div> <div data-bbox="128 1042 333 1102"> Zempreon Inhaler Salbutamol 100mcg </div> <div data-bbox="426 358 577 500"></div> <div data-bbox="386 505 569 558"> Asmol Inhaler † ^ salbutamol 100mcg </div> <div data-bbox="430 599 577 748"></div> <div data-bbox="386 751 611 805"> Airomir Autohaler ‡ # salbutamol 100mcg </div>	<div data-bbox="768 358 919 500"></div> <div data-bbox="726 505 945 599"> Flixotide Inhaler † fluticasone propionate 50mcg • 125mcg • 250mcg <i>*Flixotide Junior</i> </div> <div data-bbox="1041 358 1192 500"></div> <div data-bbox="1012 505 1255 600"> Fluticasone Cipla Inhaler † fluticasone propionate 125mcg • 250mcg </div> <div data-bbox="743 630 936 748"></div> <div data-bbox="726 764 953 836"> Flixotide Accuhaler † fluticasone propionate 100mcg • 250mcg • 500mcg </div> <div data-bbox="1031 613 1199 748"></div> <div data-bbox="1012 764 1163 836"> QVAR Inhaler † beclometasone 50mcg • 100mcg </div> <div data-bbox="768 870 890 1027"></div> <div data-bbox="726 1026 953 1097"> Pulmicort Turbuhaler † budesonide 100mcg • 200mcg • 400mcg </div> <div data-bbox="1031 870 1178 1027"></div> <div data-bbox="1012 1026 1188 1097"> QVAR Autohaler ‡ beclometasone 50mcg • 100mcg </div> <div data-bbox="743 1130 936 1287"></div> <div data-bbox="726 1300 896 1372"> Alvesco Inhaler † ciclesonide 80mcg • 160mcg </div> <div data-bbox="1024 1130 1199 1287"></div> <div data-bbox="1012 1300 1228 1372"> Arnuity Ellipta † fluticasone furoate 50mcg • 100mcg • 200mcg </div>	<div data-bbox="1373 337 1486 479"></div> <div data-bbox="1339 485 1524 557"> Oxis Turbuhaler ‡ formoterol 6mcg • 12mcg </div> <div data-bbox="1560 354 1745 479"></div> <div data-bbox="1551 485 1776 557"> Serevent Accuhaler ‡ salmeterol 50mcg </div> <div data-bbox="1803 358 2018 479"></div> <div data-bbox="1799 485 2030 557"> Onbrez Breezhale # indacaterol 150mcg • 300mcg </div>

ICS/LABA



LAMA



LAMA/LABA



ICS/LAMA/LABA	SAMA	Non-Steroidal Preventers
<div data-bbox="86 250 640 440">  <div> <div> Trelegy Ellipta^{a c} fluticasone furoate/ umeclidinium/vilanterol 100/62.5/25mcg </div> <div> Enerzair Breezhaler^a Indacaterol/glycopyrronium/ mometasone 114/46/136mcg • 114/46/68mcg </div> <div> Trimbow Inhaler^c Beclometasone/Formoterol/ Glycopyrronium 100/6/10mcg </div> </div> </div>	<div data-bbox="800 250 1194 558">  <p>Atrovent Metered Aerosol † ^ ipratropium 21mcg</p> </div>	<div data-bbox="1488 261 1892 570">  <p>Montelukast Tablet^a montelukast 4mg • 5mg • 10mg <i>Generic medicine suppliers</i></p> </div>