

Important Instructions for your Visit

Before your visit:

Please **read** the **Plain Language Statement** concerning the tests which will be conducted at the clinic visit and the **Consent form**.

Please try and **avoid** the following:

- (1) **Smoking** for **4 hours** before appointment time.
- (2) **Long Acting Reliever Medication*** for **12 hours** before your appointment time.
- (3) **Short Acting Reliever Medication*** for **4 hours** before appointment time.

*Refer to the last page for a medication list.

If you regularly use medication, please bring a list of those medications to your visit.

If you are a close contact of someone who has tested positive for COVID-19, or currently have any symptoms, including fever, cough, sneezing, sore throat or runny nose, please reschedule your appointment or call 1800 110 711 to discuss.

If you need to cancel or reschedule your appointment, please call to let us know as soon as possible.

To contact us:

TAHS Line: 1800 110 711

Email: inq-tas@unimelb.edu.au

Where to come:

Respiratory and Sleep Medicine Department and Chest Clinic
Level 2, Dickinson Building
Prince of Wales Hospital
320/346 Barker St, Randwick NSW 2031

Call TAHS Study Team: [1800 110 711](tel:1800110711) for any issues.



How to get there:

Parking

- Car parking can be accessed via the Barker Street entrance.
- Parking is available 24 hours a day, seven days a week.
- A private company, Point Parking, operates this service, fees apply.

Mobility parking

- There is limited free parking for people with a mobility disability.
- The free parking is located at the High and Barker street entrances, near the Catherine Hayes Building and outside Emergency.
- The spaces show the international symbol of access for people with disability.
- You must have a mobility parking permit on your vehicle to be allowed to park in these spaces.

Light rail

- The light rail service runs between Randwick and Circular Quay, via Central Station.
- The light rail platform at the Hospital is on the corner of High Street and Avoca Street.

Name of medications (See pages 4 - 6 for picture references)

Short-Acting Beta Antagonist (SABA)	Inhaled Corticosteroids (ICS)	Long-Acting Beta Antagonist (LABA)	Inhaled Corticosteroids / Long-Acting Beta Antagonist combination (ICS/LABA)	Long- Acting Muscarinic medications (LAMA)	LAMA/LABA
<ul style="list-style-type: none"> • Ventolin • Asmol • Bricanyl • Airomir • Zempreon 	<ul style="list-style-type: none"> • Flixotide Inhaler or Accuhaler • QVAR Inhaler or Autohaler • Fluticasone Cipla • Pulmicort • Alvesco • Arnuity 	<ul style="list-style-type: none"> • Oxis • Serevent • Onbrez 	<ul style="list-style-type: none"> • Seretide MDI or Accuhaler • Fluticasone Salmeterol • Flutiform Inhaler • Symbicort Turbuhaler or Rapihaler • DuoResp Spiromax • Breo Ellipta • Fostair Inhaler • Ateectura Breezhaler 	<ul style="list-style-type: none"> • Spiriva Respimat or Handihaler • Braltus Zona • Bretaris Genuair • Seebri Breezhaler • Incruse Ellipta 	<ul style="list-style-type: none"> • Spiolto Respimat • Brimica Genuair • Ultibro Breezhaler • Anoro Ellipta
ICS/LAMA/LABA		Short-Acting Muscarinic medications (SAMA)		Non-Steroidal Preventers	
<ul style="list-style-type: none"> • Trelegy Ellipta • Enerzair Breezhaler • Trimbow Inhaler 		<ul style="list-style-type: none"> • Atrovent Metered Aerosol 		<ul style="list-style-type: none"> • Montelukast Tablet 	

Picture of medications

SABA	ICS	LABA
<div data-bbox="140 354 287 500"></div> <div data-bbox="100 505 300 558"> Ventolin Inhaler † ^ salbutamol 100mcg </div> <div data-bbox="153 586 275 745"></div> <div data-bbox="100 750 336 805"> Bricanyl Turbuhaler a c terbutaline 500mcg </div> <div data-bbox="178 839 275 1026"></div> <div data-bbox="128 1042 333 1102"> Zempreon Inhaler Salbutamol 100mcg </div> <div data-bbox="426 354 577 500"></div> <div data-bbox="386 505 569 558"> Asmol Inhaler † ^ salbutamol 100mcg </div> <div data-bbox="430 597 577 745"></div> <div data-bbox="386 750 611 805"> Airomir Autohaler ‡ # salbutamol 100mcg </div>	<div data-bbox="768 354 919 500"></div> <div data-bbox="726 505 945 599"> Flixotide Inhaler † fluticasone propionate 50mcg • 125mcg • 250mcg <i>*Flixotide Junior</i> </div> <div data-bbox="1041 354 1192 500"></div> <div data-bbox="1012 505 1255 600"> Fluticasone Cipla Inhaler † fluticasone propionate 125mcg • 250mcg </div> <div data-bbox="743 628 936 753"></div> <div data-bbox="726 764 953 836"> Flixotide Accuhaler † fluticasone propionate 100mcg • 250mcg • 500mcg </div> <div data-bbox="1033 612 1199 753"></div> <div data-bbox="1012 764 1163 836"> QVAR Inhaler † beclometasone 50mcg • 100mcg </div> <div data-bbox="772 870 890 1026"></div> <div data-bbox="726 1026 953 1097"> Pulmicort Turbuhaler † budesonide 100mcg • 200mcg • 400mcg </div> <div data-bbox="1033 870 1184 1026"></div> <div data-bbox="1012 1026 1188 1097"> QVAR Autohaler ‡ beclometasone 50mcg • 100mcg </div> <div data-bbox="743 1130 936 1286"></div> <div data-bbox="726 1299 896 1370"> Alvesco Inhaler † ciclesonide 80mcg • 160mcg </div> <div data-bbox="1024 1130 1199 1286"></div> <div data-bbox="1012 1299 1228 1370"> Arnuity Ellipta † fluticasone furoate 50mcg • 100mcg • 200mcg </div>	<div data-bbox="1373 334 1486 474"></div> <div data-bbox="1339 485 1524 557"> Oxis Turbuhaler ‡ formoterol 6mcg • 12mcg </div> <div data-bbox="1562 354 1745 474"></div> <div data-bbox="1551 485 1776 557"> Serevent Accuhaler ‡ salmeterol 50mcg </div> <div data-bbox="1803 362 2018 467"></div> <div data-bbox="1799 485 2030 557"> Onbrez Breezhale # indacaterol 150mcg • 300mcg </div>

ICS/LABA



LAMA



LAMA/LABA



ICS/LAMA/LABA	SAMA	Non-Steroidal Preventers
<div></div> <div><p>Trelegy Ellipta^{a c} fluticasone furoate/ umeclidinium/vilanterol 100/62.5/25mcg</p><p>Enerzair Breezhaler^a Indacaterol/glycopyrronium/ mometasone 114/46/136mcg • 114/46/68mcg</p><p>Trimbow Inhaler^c Beclometasone/Formoterol/ Glycopyrronium 100/6/10mcg</p></div>	<div></div> <div><p>Atrovent Metered Aerosol † ^ ipratropium 21mcg</p></div>	<div></div> <div><p>Montelukast Tablet^a montelukast 4mg • 5mg • 10mg <i>Generic medicine suppliers</i></p></div>