

Important Instructions for your Visit

Before your visit:

Please **read** the **Plain Language Statement** concerning the tests which will be conducted at the clinic visit and the **Consent form**.

Please try and **avoid** the following:

- (1) **Smoking** for **4 hours** before appointment time.
- (2) **Long Acting Reliever Medication*** for **12 hours** before your appointment time.
- (3) **Short Acting Reliever Medication*** for **4 hours** before appointment time.

*Refer to the last page for a medication list.

If you regularly use medication, please bring a list of those medications to your visit.

If you are a close contact of someone who has tested positive for COVID-19, or currently have any symptoms, including fever, cough, sneezing, sore throat or runny nose, please reschedule your appointment or call 1800 110 711 to discuss.

If you need to cancel or reschedule your appointment, please call to let us know as soon as possible.

To contact us:

TAHS Line: 1800 110 711

Email: inq-tas@unimelb.edu.au

Where to come:

**Lung Function Laboratory, Block D, Level 1, Area 7
Gold Coast University Hospital
1 Hospital Blvd, Southport QLD 4215**

How to get there:

Find main entrance of hospital and follow signs to Block D, Level 1, Area 7 (Lung Function Laboratory)

Parking

- Multi-storey car park (Point Parking) with 2,200 undercover spaces, open 24/7.
- Entry from Hospital Boulevard.
- You will receive a pre-paid parking ticket to use on the day of your visit, just ask your clinic tester.

**Please be aware, parking is limited.
Please allow extra time to park before you visit.**

Public transport

- Light Rail: stop directly beneath the hospital's main entrance (lifts/escalators)
- Bus: routes 710, 714, 719, 738, 739 stop at Gold Coast University Hospital.
- Plan your trip: Translink Journey Planner (<https://translink.com.au>) or call 13 12 30.

Drop-off zone

- Uber fares will be covered by the study. Please contact 1800 110 711 to arrange.



Name of medications (See pages 4 - 6 for picture references)

Short-Acting Beta Antagonist (SABA)	Inhaled Corticosteroids (ICS)	Long-Acting Beta Antagonist (LABA)	Inhaled Corticosteroids / Long-Acting Beta Antagonist combination (ICS/LABA)	Long- Acting Muscarinic medications (LAMA)	LAMA/LABA
• Ventolin • Asmol • Bricanyl • Airomir • Zempreon	• Flixotide Inhaler or Accuhaler • QVAR Inhaler or Autohaler • Fluticasone Cipla • Pulmicort • Alvesco • Arnuity	• Oxis • Serevent • Onbrez	• Seretide MDI or Accuhaler • Fluticasone Salmeterol • Flutiform Inhaler • Symbicort Turbuhaler or Rapihaler • DuoResp Spiromax • Breo Ellipta • Fostair Inhaler • Ateectura Breezhaler	• Spiriva Respimat or Handihaler • Braltus Zona • Bretaris Genuair • Seebri Breezhaler • Incruse Ellipta	• Spiolto Respimat • Brimica Genuair • Ultibro Breezhaler • Anoro Ellipta
ICS/LAMA/LABA		Short-Acting Muscarinic medications (SAMA)		Non-Steroidal Preventers	
• Trelegy Ellipta • Enerzair Breezhaler • Trimbow Inhaler		• Atrovent Metered Aerosol		• Montelukast Tablet	

Picture of medications

SABA	ICS	LABA
Ventolin Inhaler † ^ salbutamol 100mcg Bricanyl Turbuhaler ^{a c} terbutaline 500mcg Zempreon Inhaler Salbutamol 100mcg Asmol Inhaler † ^ salbutamol 100mcg Airomir Autohaler ‡ # salbutamol 100mcg	Flixotide Inhaler † fluticasone propionate 50mcg* • 125mcg • 250mcg <i>*Flixotide Junior</i> Flixotide Accuhaler † fluticasone propionate 100mcg* • 250mcg • 500mcg Pulmicort Turbuhaler † budesonide 100mcg • 200mcg • 400mcg Alvesco Inhaler † ciclesonide 80mcg • 160mcg Fluticasone Cipla Inhaler † fluticasone propionate 125mcg • 250mcg QVAR Inhaler † beclometasone 50mcg • 100mcg QVAR Autohaler ‡ beclometasone 50mcg • 100mcg Arnuity Ellipta † fluticasone furoate 50mcg • 100mcg • 200mcg	Oxis Turbuhaler ‡ formoterol 6mcg • 12mcg Serevent Accuhaler ‡ salmeterol 50mcg Onbrez Breezhale # indacaterol 150mcg • 300mcg

ICS/LABA	LAMA	LAMA/LABA
 Seretide MDI^a fluticasone propionate/salmeterol 50/25 • 125/25 • 250/25^c  Fluticasone + Salmeterol Cipla Inhaler^a fluticasone propionate/salmeterol 125/25 • 250/25^c  Seretide Accuhaler^a fluticasone propionate/salmeterol 100/50 • 250/50 • 500/50^c  Flutiform Inhaler^a fluticasone propionate/formoterol 50/5 • 125/5 • 250/10  Symbicort Turbuhaler^a budesonide/formoterol 100/6 • 200/6 • 400/12^c  DuoResp Spiromax^a budesonide/formoterol 200/6 • 400/12^c  Symbicort Rapihaler^a budesonide/formoterol 50/3 • 100/3 • 200/6^c  Breo Ellipta^a fluticasone furoate/vilanterol 100/25^c • 200/25  Fostair Inhaler^a beclometasone/formoterol 100/6  Atecura Breezhaler^a Indacaterol/mometasone 125/62.5 • 125/127.5 • 125/260	 Spiriva Respimat # ±/a tiotropium 2.5mcg  Spiriva Handihaler # tiotropium 18mcg  Braltus Zonda # tiotropium 13mcg  Bretaris Genuair # aclidinium 322mcg  Seebri Breezhaler # glycopyrronium 50mcg  Incruse Ellipta # umeclidinium 62.5mcg	 Spiolto Respimat^c tiotropium/olodaterol 2.5/2.5  Brimica Genuair^c aclidinium/formoterol 340/12  Ultibro Breezhaler^c indacaterol/glycopyrronium 110/50  Anoro Ellipta^c umeclidinium/vilanterol 62.5/25

ICS/LAMA/LABA	SAMA	Non-Steroidal Preventers
 Trelegy Ellipta^{a c} fluticasone furoate/ umeclidinium/vilanterol 100/62.5/25mcg  Enerzair Breezhaler^a Indacaterol/glycopyrronium/ mometasone 114/46/136mcg • 114/46/68mcg  Trimbow Inhaler^c Beclometasone/Formoterol/ Glycopyrronium 100/6/10mcg	 Atrovent Metered Aerosol † ^ ipratropium 21mcg	 Montelukast Tablet^a montelukast 4mg • 5mg • 10mg <i>Generic medicine suppliers</i>