





# Important Instructions for your Visit

## Before your visit:

Please **read** the **Plain Language Statement** concerning the tests which will be conducted at the clinic visit and the **Consent form**.

Please try and avoid the following:

- (1) **Smoking** for **4 hours** before appointment time.
- (2) Long Acting Reliever Medication\* for 12 hours before your appointment time.
- (3) Short Acting Reliever Medication\* for 4 hours before appointment time.

\*Refer to the last page for a medication list.

If you regularly use medication, please bring a list of those medications to your visit.

If you are a close contact of someone who has tested positive for COVID-19, or currently have any symptoms, including fever, cough, sneezing, sore throat or runny nose, please reschedule your appointment or call 1800 110 711 to discuss.

If you need to cancel or reschedule your appointment, please call to let us know as soon as possible.

To contact us:

TAHS Line: 1800 110 711

Email: inq-tas@unimelb.edu.au

### Where to come:

# Lung Function Laboratory, Block D, Level 1, Area 7 Gold Coast University Hospital 1 Hospital Blvd, Southport QLD 4215

# How to get there:

Find main entrance of hospital and follow signs to Block D, Level 1, Area 7 (Lung Function Laboratory)

#### **Parking**

- Multi-storey car park (Point Parking) with 2,200 undercover spaces, open 24/7.
- Entry from Hospital Boulevard.
- You will receive a pre-paid parking ticket to use on the day of your visit, just ask your clinic tester.

Please be aware, parking is limited.

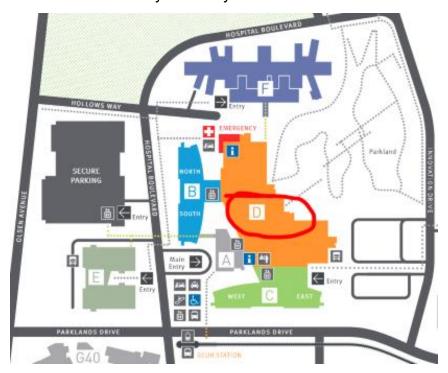
Please allow extra time to park before you visit.

#### **Public transport**

- Light Rail: stop directly beneath the hospital's main entrance (lifts/escalators)
- Bus: routes 710, 714, 719, 738, 739 stop at Gold Coast University Hospital.
- Plan your trip: Translink Journey Planner (https://translink.com.au) or call 13 12 30.

#### **Drop-off zone**

• Uber fares will be covered by the study. Please contact 1800 110 711 to arrange.



# Name of medications (See pages 4 - 6 for picture references)

Short-Acting Beta Antagonist (SABA)	Inhaled Corticosteroids (ICS)	Long-Acting Beta Antagonist (LABA)	Inhaled Corticosteroids / Long- Acting Beta Antagonist combination (ICS/LABA)	Long- Acting Muscarinic medications (LAMA)	LAMA/LABA
<ul> <li>Ventolin</li> <li>Asmol</li> <li>Bricanyl</li> <li>Airomir</li> <li>Zempreon</li> </ul>	<ul> <li>Flixotide         <ul> <li>Inhaler or</li> <li>Accuhaler</li> </ul> </li> <li>QVAR Inhaler         <ul> <li>Autohaler</li> </ul> </li> <li>Fluticasone         <ul> <li>Cipla</li> </ul> </li> <li>Pulmicort</li> <li>Alvesco</li> <li>Arnuity</li> </ul>	<ul><li>Oxis</li><li>Serevent</li><li>Onbrez</li></ul>	<ul> <li>Seretide MDI or Accuhaler</li> <li>Fluticasone Salmeterol</li> <li>Flutiform Inhaler</li> <li>Symbicort Turbuhaler or Rapihaler</li> <li>DuoResp Spiromax</li> <li>Breo Ellipta</li> <li>Fostair Inhaler</li> <li>Atectura Breezhaler</li> </ul>	<ul> <li>Spiriva Respimat         or Handihaler</li> <li>Braltus Zona</li> <li>Bretaris Genuair</li> <li>Seebri         Breezhaler</li> <li>Incruse Ellipta</li> </ul>	<ul> <li>Spiolto Respimat</li> <li>Brimica Genuair</li> <li>Ultibro Breezhaler</li> <li>Anoro Ellipta</li> </ul>
ICS/LAMA/LABA		Short-Acting Muscarinic medications (SAMA)		Non-Steroidal Preventers	
<ul><li>Trelegy Ellipta</li><li>Enerzair Breezhaler</li><li>Trimbow Inhaler</li></ul>		Atrovent Metered Aerosol		Montelukast Tablet	

## **Picture of medications**

