

Important Instructions for your Visit

Before your visit:

Please **read** the **Plain Language Statement** concerning the tests which will be conducted at the clinic visit and the **Consent form**.

Please try and **avoid** the following:

- (1) **Smoking** for **4 hours** before appointment time.
- (2) **Long Acting Reliever Medication*** for **12 hours** before your appointment time.
- (3) **Short Acting Reliever Medication*** for **4 hours** before appointment time.

*Refer to the last page for a medication list.

If you regularly use medication, please bring a list of those medications to your visit.

If you currently have any cold/flu symptoms, including fever, cough, sneezing, sore throat or runny nose, please reschedule your appointment or call 1800 110 711 to discuss.

If you need to cancel or reschedule your appointment, please call to let us know as soon as possible.

To contact us:

TAHS Line: 1800 110 711

Email: inq-tas@unimelb.edu.au

Where to come:

**Teal Outpatients, Adult Cystic Fibrosis Centre, Building 6
The Prince Charles Hospital
627 Rode Road, CHERMSIDE QLD 4032**

How to get there:

From the main entrance of the hospital, follow the line markings (red and black lines) that take you past the Emergency Department to Teal Outpatients, Adult Cystic Fibrosis Centre. It takes approximately 10 minutes to walk from the entrance.

There is also a patient transport vehicle that will collect you from the hospital main entrance and drop you off at Teal Outpatients. The transport leaves approximately every 15 minutes.

Alternatively, if you call 3139 4193 upon your arrival, we'll be able to assist you.

Parking

- Public car parking is available in the multi-storey car parks, accessed via Main Road off Rode Road.
- The multi-storey car parks are the only public car parking available on the hospital campus.
- All parking costs will be covered. Please ensure you receive a parking ticket from your clinic tester on the day.

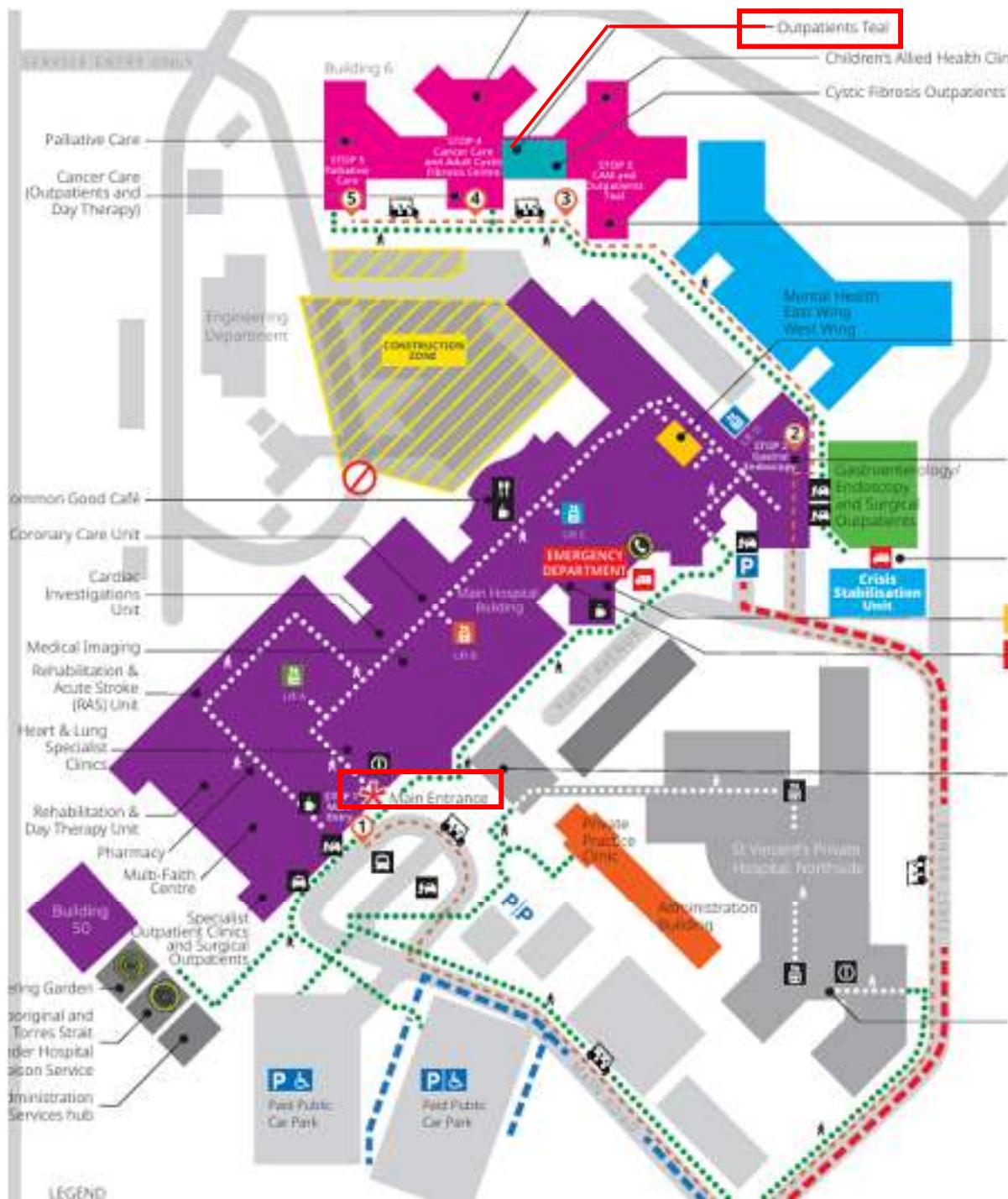
**Please be aware, parking is limited.
Please allow extra time to park before you visit.**

Public transport

Please check Translink for suitable public transport options. There are bus stops located near the hospital.

Drop-off zone

- There is a drop-off zone for taxis and Ubers. Please call 1800 110 711 to discuss.

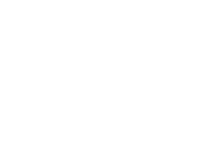


***Name of medications to avoid prior to visit (See pages 4 - 6 for picture references)**

Short-Acting Beta Antagonist (SABA)	Inhaled Corticosteroids (ICS)	Long-Acting Beta Antagonist (LABA)	Inhaled Corticosteroids / Long-Acting Beta Antagonist combination (ICS/LABA)	Long- Acting Muscarinic medications (LAMA)	LAMA/LABA
<ul style="list-style-type: none"> • Ventolin • Asmol • Bricanyl • Airomir • Zempreon 	<ul style="list-style-type: none"> • Flixtotide Inhaler or Accuhaler • QVAR Inhaler or Autohaler • Fluticasone Cipla • Pulmicort • Alvesco • Arnuity 	<ul style="list-style-type: none"> • Oxis • Serevent • Onbrez 	<ul style="list-style-type: none"> • Seretide MDI or Accuhaler • Fluticasone Salmeterol • Flutiform Inhaler • Symbicort Turbuhaler or Rapihaler • DuoResp Spiromax • Breo Ellipta • Fostair Inhaler • Atelectura Breezhaler 	<ul style="list-style-type: none"> • Spiriva Respimat or Handihaler • Bralutus Zona • Bretaris Genuair • Seebri Breezhaler • Incruse Ellipta 	<ul style="list-style-type: none"> • Spiolto Respimat • Brimica Genuair • Ultibro Breezhaler • Anoro Ellipta
ICS/LAMA/LABA		Short-Acting Muscarinic medications (SAMA)		Non-Steroidal Preventers	
<ul style="list-style-type: none"> • Trelegy Ellipta • Enerzair Breezhaler • Trimbow Inhaler 		<ul style="list-style-type: none"> • Atrovent Metered Aerosol 		<ul style="list-style-type: none"> • Montelukast Tablet 	

Picture of medications to avoid prior to visit.

SABA	ICS	LABA
 <p>Ventolin Inhaler † [▲] salbutamol 100mcg</p>  <p>Asmol Inhaler † [▲] salbutamol 100mcg</p>  <p>Bricanyl Turbuhaler [▲] [■] terbutaline 500mcg</p>  <p>Zempreon Inhaler Salbutamol 100mcg</p>	 <p>Flixotide Inhaler † fluticasone propionate 92mcg * 125mcg * 250mcg "Flixotide Junior"</p>  <p>Fluticasone Cipla Inhaler † fluticasone propionate 125mcg * 250mcg</p>  <p>Flixotide Accuhaler † fluticasone propionate 100mcg * 250mcg * 500mcg</p>  <p>Pulmicort Turbuhaler † budesonide 100mcg * 200mcg * 400mcg</p>  <p>Alvesco Inhaler † ciclesonide 110mcg * 160mcg</p>	 <p>Oxis Turbuhaler † formoterol 12mcg * 12mcg</p>  <p>Serevent Accuhaler † [▲] salbutamol 50mcg</p>  <p>Onbrez Breezhaler [■] [▲] indacaterol 150mcg * 300mcg</p>

ICS/LABA	LAMA	LAMA/LABA
 <p>Seretide MDI⁴ fluticasone/salmeterol 125/62.5 → 250/125⁴</p>  <p>Seretide Accuhaler⁴ fluticasone/salmeterol 125/62.5 → 250/125⁴</p>  <p>Symbicort Turbuhaler³ budesonide/formoterol 100/6 → 200/12³</p>  <p>Symbicort Rappihaler³ budesonide/formoterol 100/6 → 200/12³</p>  <p>Fasair Inhaler⁴ fluticasone/salmeterol 125/62.5</p>  <p>Fluticasone + Salmeterol Diskhaler⁴ fluticasone/salmeterol 125/62.5 → 250/125⁴</p>  <p>Flutiform Inhaler⁴ fluticasone/salmeterol 125/62.5 → 250/125⁴</p>  <p>BisResp Spiramax⁴ budesonide/formoterol 200/6 → 400/12⁴</p>  <p>Bree Ellipta³ indacaterol/glycopyrronium 110/50 → 200/25³</p>  <p>Atectura Breezhaler⁴ indacaterol/glycopyrronium 120/60 → 120/122.5 → 120/75⁴</p>	 <p>Spiriva Respimat # 1/3 tiotropium 2.5mcg</p>  <p>Bralitus Zonda # tiotropium 18mcg</p>  <p>Seebri Breezhaler # glycopyrronium 80mcg</p>  <p>Incruse Ellipta # umeclidinium 62.5mcg</p>	 <p>Spiotto Respimat⁴ tiotropium/olodaterol 2.5/2.5</p>  <p>Ultibro Breezhaler⁴ indacaterol/glycopyrronium 110/50</p>  <p>Brimica Genuair⁴ aclidinium/formoterol 340/12</p>  <p>Anoro Ellipta⁴ umeclidinium/vilanterol 62.5/25</p>

ICS/LAMA/LABA	SAMA	Non-Steroidal Preventers
 <p> Telega Ellipta^a Salmeterol Fomedol Inhaler 50mcg/50mcg 120 doses/120 doses </p> <p> Enerzair Breezhaler^a Ipratropium Bromide 24mcg 120 doses/120 doses </p> <p> Triniva Inhaler^a Domperidone/Terazosin Hydrochloride 10/0.01mg </p>	 <p> Atrovent Metered Aerosol[†] ^ ipratropium 21mcg </p>	 <p> Montelukast Tablet^a montelukast 4mg • 5mg • 10mg <i>Generic medicine suppliers</i> </p>